

Prime Point, Shenda Bootcamp Competition Terms & Conditions

1. Please be aware of fake accounts replicating the competition. L&Q and its partners will not ask for card details or money transfers associated with this competition.
2. This competition is being run by L&Q.
3. The giveaway is open to anyone who correctly enters the competition. You must be over 18 to enter. Staff members of L&Q are not eligible to enter the giveaway. No payment will be taken from any entrants.
4. Entrants must like the post advertising the competition, follow @LQHomes and @ShendaFalveyFitness and tag someone they would like to accompany them.
5. 1x winner will receive 3x complimentary bootcamp classes.
6. The voucher will be issued virtually and sent to the email address of the winner once the competition finishes on 28th August 2026.
7. The prize draw closes on 28th August 2026. The winner will be selected by L&Q.
8. The winner will be announced on Instagram, and further conversation will be via Instagram DM on or before 28th August. lqsharedownership will ask for the winner to share their email address via DM, so that the voucher can be sent to them. If the winner does not claim the prize within 24 hours, they will forfeit the prize and the prize will be re-assigned at L&Q's discretion. To claim the prize the winner will need to follow the instructions in the email they receive.
9. No responsibility will be accepted for incomplete entries.
10. In the event of a dispute L&Q's decision is final, and no correspondence will be entered into.
11. By entering the prize draw you agree to be bound by these terms and conditions. L&Q reserves the right to refuse to award the prize to anyone in breach of the terms and conditions.
12. Please retain a copy of these terms and conditions for your records.
13. These terms and conditions shall be governed by English law and the courts of England and Wales shall have exclusive jurisdiction.
14. The Promoter is: L&Q, (company number 04828168) registered address 29-35 West Ham Lane, London, United Kingdom, E15 4PH
15. If for any reason any aspect of this promotion is not capable of running as planned, including by reason of infection by computer virus, network failure, bugs, tampering, unauthorised intervention, fraud, technical failures or any cause beyond the control of the Promoter which corrupts or affects the administration, security, fairness,

integrity or proper conduct of this promotion, the Promoter may in its sole discretion cancel, terminate, modify or suspend the promotion or invalidate any affected entries, where required.

16. All participants and entrants in this competition completely release Instagram of all liability.
17. By entering into this competition, you acknowledge that the promotion is not sponsored, endorsed or administered by, or associated with, Instagram or any other social media used throughout the promotion.